

VIRGINIA EVENTS ROADMAP

OCTOBER 2026

— *Confidence in Motion* —

All events listed are open to the public. Everyone is encouraged to attend.
For RSVP or questions, contact bryan@ukemihealthpartners.com.

KICKOFF & BOOK RELEASE!



9/22 • 12:00 PM

**Ukemi Health Ribbon Cutting +
Book Release Ceremony**
Prince William Chamber of Commerce
Manassas, VA



NEXT STOP

*New Chapter
Stronger Communities*

PEOPLE
PREVENTION
PURPOSE
TOGETHER



10/3 • 12:00 PM – 5:00 PM

**PWCRFS 3rd Annual Expo
& Fall Festival**
Pfitzner Stadium
Woodbridge, VA



10/9 • 2:00 PM – 5:00 PM

**Fall Protection and
Community Confidence**
The Wellington at Lake Manassas
Gainesville, VA



10/14 • 2:00 PM

Fall Protection 101
Watercrest
Fredericksburg, VA



10/21 • 11:00 AM

Fall Protection 101
Arbor Terrace Prince William Commons
Woodbridge, VA



10/2 • 2:00 PM

Fall Protection 101
Paramount
Fredericksburg, VA



10/7 • 2:00 PM – 4:00 PM

Fall Protection 101
Ashleigh at Lansdowne
Leesburg, VA

(Recurring)
1st Wednesday

OCTOBER 10



10/10 • 9:00 AM

Walk to End Alzheimer's
Harris Pavilion
Manassas, VA

TOGETHER
FOR A BRIGHTER
TOMORROW



10/17 • 10:00 AM

Fall Prevention
Bethel United Methodist Church
Warrenton, VA

(Recurring)



10/24 • 12:00 PM

Fall Protection 101
Raise the Bar Fitness
Manassas, VA

10/31

Don't Be Scared.
Build Confidence.

*Safer People
Stronger Communities
Brighter Tomorrow*



WE PROUDLY SUPPORT
**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION



Movement Confidence



Stronger Together



Community Wellness

STAY CONNECTED

Every Step.
A Safer Tomorrow.

Scheduling more, stay tuned!

Partnership options available